



# SEMILLA CARDIGAN

by Kirsten Joel

## DESIGN INFORMATION

The Semilla Cardigan is a bottom-up, seamed v-neck cardigan featuring an all over seed stitch and eyelet lace pattern. It features classic 1x1 ribbing at the hems and button band and a modern, updated crop length. The Semilla Cardigan is worked flat, back and forth in rows from the hem to the shoulders. The drop shoulders are shaped to ensure the drop shoulder seam lands in a similar spot across the size range. The v-neck shaping is super flattering and a little flirty, but not revealing.

Once the cardigan pieces are completed and blocked, stitches are picked up around the neckline to work the 1x1 ribbed buttonband and button holes. The Fronts are slightly wider than the Back when the buttonband is added to help prevent any gaping issues at the chest.

The sample is knit with Brooklyn Tweed Loft, a 100% woolen-spun fingering weight wool that is perfect for winter layering. Wear this as an on-trend top with a pair of chic trousers for your holiday office party, or wear it as a cozy layer at home with shearling slippers and comfy joggers. However you wear it, the Semilla Cardigan will be a delightful addition to your everyday handmade wardrobe.

Please share your progress on Instagram by tagging me @kirstenjoel\_designs and using the hashtag #semillacardigan. I love to see all of your works in progress and finished projects!

## SKILL LEVEL



## FINISHED MEASUREMENTS

Sizes (1, 2, 3) [4, 5, 6] (7, 8, 9) [10, 11, 12] with Finished Chest Measurements (35 ½, 39 ½, 43 ½) [47 ½, 51 ½, 55 ½] (59 ½, 63 ½, 67 ½) [71 ½, 75 ½, 79 ½]" sized for (26, 30, 34) [38, 42, 46] (50, 54, 58) [62, 66, 70]" actual chest; designed to fit with 7-9" positive ease. Sample shown is size 3, worn on 34" chest with 9" positive ease

## CUP SHAPING

Semilla includes instructions for optional Cup Shaping that is created using short rows. These short rows add additional length of fabric for the front chest to allow room for breasts.

The sample as shown is Size 3, with no cup shaping.

To choose a cup size, measure the length from the top of your shoulder to under your breast for your front and your back. A helpful measuring point is where your bra band rests.

Subtract the back length from the front length and subtract an additional 2" / 5 cm. Choose a cup size based on your result. If your result is:

- Less than 1"; omit the short rows
- 1 ½ - 2 ½"; work Cup 1 - adds 1 ¼"
- 2 ½ - 3 ½"; work Cup 2 - adds 2 ½"
- 3 ½" - 4 ¾"; work Cup 3 - adds 3 ½"
- More than 4 ¾"; work Cup 4 - adds 4 ¾"

## YARN

*Substitution notes: Look for a 100% woolenspun wool for a look closest to the sample. Semilla looks great in rustic fingering weight wools and gentle tonal colorways.*

Brooklyn Tweed Loft - Fingering weight; 100% Targhee-Columbia Woolen-spun wool; 275 yards / 50g; (4, 5, 5) [5, 6, 6] (6, 7, 7) [7, 8, 8] skeins, photographed in Iceberg

Or ~ (1068, 1144, 1235) [1326, 1408, 1498] (1600, 1694, 1784) [1886, 1992, 2094] yards  
of a fingering weight 100% woolen-spun wool yarn

## YARDAGE

### Body & Sleeves

(1068, 1144, 1235) [1326, 1408, 1498] (1600, 1694, 1784) [1886, 1992, 2094] yards

### Cup Shaping

- Cup 1: (13, 15, 17) [19, 20, 22] (25, 27, 29) [31, 32, 34] yards
- Cup 2: (27, 30, 34) [37, 41, 45] (50, 53, 58) [62, 65, 69] yards
- Cup 3: (40, 46, 51) [56, 61, 67] (75, 80, 86) [92, 97, 103] yards
- Cup 4: (53, 61, 68) [74, 82, 90] (100, 106, 115) [123, 130, 137] yards

### Buttonband

- Cup 1: (68, 69, 70) [71, 72, 73] (73, 74, 75) [76, 77, 78]
- Cup 2: (72, 73, 74) [75, 76, 77] (78, 78, 79) [80, 81, 82]
- Cup 3: (76, 77, 78) [78, 79, 80] (81, 82, 83) [84, 84, 85]
- Cup 4: (80, 81, 82) [83, 84, 84] (85, 86, 87) [88, 89, 90]

## GAUGE

21 sts and 34 rows = 4" over Seed Stitch and Eyelet Pattern with gauge needles,  
blocked

## NEEDLES

US 4 / 3.5 mm 24" circular needles, or size to obtain gauge

US 3 / 3.25 mm, or one size smaller than gauge needles, 24" circular needles  
for hem ribbing & neckband

Optional: Spare US 3 / 3.25 mm, or one size smaller than gauge needles, 24"  
circular needles for tubular cast on.

## TOOLS

Locking stitch markers, waste yarn, tapestry needle, blocking wires, blocking  
pins

Buttons: ½" to ¾" diameter buttons (button placement assumes 1 ¾" spacing)

- 5 (5, 6, 7, 7) buttons for Cups 0 (1, 2, 3, 4)

## HELPFUL LINKS

For help with the following techniques, visit the following links:

[Swatching](#)

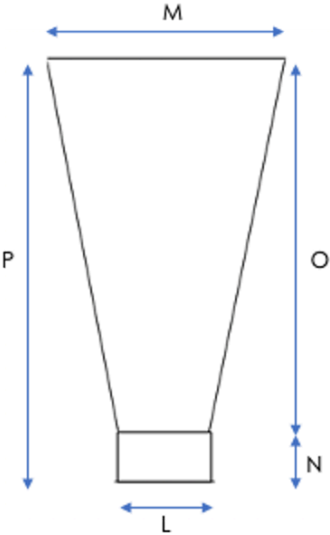
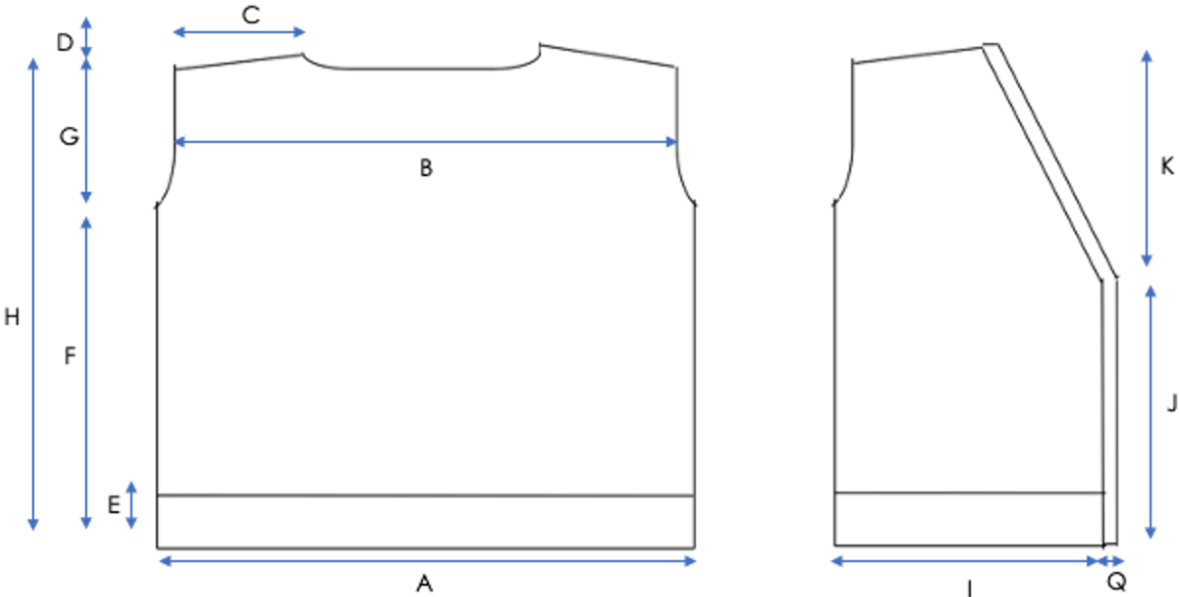
[Blocking](#)

[Picking Up Stitches](#)

[Mattress Stitch](#)

[Sewn Bind Off](#)

SCHEMATIC



# SCHEMATIC CHART

	<b>Size</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>A</b>	Back	18	20	22	24	26	28	30	32	34	36	38	40
<b>B</b>	Shoulder to Shoulder	21 3/4	22	23	23 1/4	23 1/2	25	25 1/2	26	26 3/4	27	27 3/4	28 1/4
<b>C</b>	Shoulder Width	7 3/4	8 1/4	8 1/4	8 1/2	8 1/2	9	9	9 1/4	9 1/4	9 3/4	9 3/4	9 3/4
<b>D</b>	Shoulder Rise	1	1	1	1	1	1	1	1	1	1	1	1
<b>E</b>	Hem Length	2	2	2	2	2	2 1/2	2 1/2	2 1/2	2 1/2	2 1/2	3	3
<b>F</b>	Hem to Armhole	13 1/4	13 1/4	13	12 3/4	12 1/2	12 1/4	11 3/4	11 1/4	10 3/4	10 1/2	10 1/4	9 3/4
<b>G</b>	Armhole Depth	5 1/4	5 1/2	6	6 1/2	7	7 1/2	8 1/4	9	9 3/4	10 1/4	10 3/4	11 1/2
<b>H</b>	Total Length (to shoulder)	18 1/2	18 3/4	19	19 1/4	19 1/2	19 3/4	20	20 1/4	20 1/2	20 3/4	21	21 1/4
<b>I</b>	Front	9	10	10 3/4	12	13	13 3/4	15	16	16 3/4	18	19	20
<b>J</b>	Hem to Neck	10	10	10	10	10	10	10	10	10	10	10	10
<b>K</b>	Neck Depth	9 1/2	9 3/4	10	10 1/4	10 1/2	10 3/4	11	11 1/4	11 1/2	11 3/4	12	12 1/4
<b>L</b>	Cuff Width	7	7 1/2	7 3/4	8 1/4	8 1/2	9	9 1/4	9 3/4	10	10 1/2	10 3/4	11 1/4
<b>M</b>	Bicep	10 1/2	11 1/4	12	13	14 1/4	15	16 1/2	18	19 1/2	20 1/2	21 1/2	23
<b>N</b>	Cuff Length	3	3	3	3	3	3 1/4	3 1/4	3 1/4	3 1/4	3 1/2	3 1/2	3 1/2
<b>O</b>	Sleeve Length	12 1/4	12 1/2	13	13 3/4	14 3/4	14 1/2	14	14 3/4	15 1/2	15 3/4	16 1/4	16 1/4
<b>P</b>	Total Sleeve Length	15 1/4	15 1/2	16	16 3/4	17 3/4	17	17 1/4	18	18 3/4	19	19 3/4	19 3/4
<b>Q</b>	Button Band Width	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2

## STITCH PATTERNS

### WRITTEN INSTRUCTIONS

**1x1 Ribbing** (mult of 2 + 3 sts; includes selvage sts)

Row 1 (RS): K2 \*p1, k1; rep from \* to last st, k1

Row 2 (WS): \*k1, p1; rep from \* to last st, k1

Rep Rows 1 - 2 for patt.

**Seed Stitch & Eyelet Pattern** (mult of 2 + 5 sts; includes selvage sts)

Row 1 (RS): K2 \*p1, k1; rep from \* to last 3 sts, p1, k2

Row 2 (WS): K1, p2 \*k1, p1; rep from \* to last 2 sts, p1, k1

Rows 3, 5, 7, 9: Rep Row 1

Rows 4, 6, 8: Rep Row 2

Row 10: K1, p2 \*yo, p2tog; rep from \* to last 2 sts, p1, k1.

**Seed Stitch** (mult of 2 + 5 sts; includes selvage sts)

Row 1 (RS): K2 \*p1, k1; rep from \* to last 3 sts, p1, k2

Row 2 (WS): K1, p2 \*k1, p1; rep from \* to last 2 sts, p1, k1



## **Tubular Cast On Set-Up**

With smaller needles and waste yarn, cast on the indicated number of stitches. Switch to working yarn and work four rows in St st, ending with a purl row.

Remove the scrap yarn and slide the resulting live stitches onto your spare needle and slide the stitches along the spare needle so that both needle points are positioned next to the working yarn.

Fold the spare needle up behind the working needle so that your knitting is folded in half with wrong sides facing and the spare needle is behind the working needle.

\*Knit the first stitch on the working needle, then purl the first stitch on the spare needle, rep from \* to end until all stitches on the spare needle have been worked.

## **German Short Rows**

To work German Short Rows, work the stated number of sts, turn your work, and work a DS (Double Stitch).

DS: Slip the last st worked purlwise wyif from the LHN to the RHN. Wrap the yarn from the front over the needle to the back - this will cause the stitch legs to pull up and look like two stitches.

The yarn is in the back of your work, ready to work a knit st. If the next st is a purl st, continue wrapping the yarn, bringing it under and between the needles, like you're ready to work a purl st.

When all short rows are completed, resolve the DS by knitting or purling both legs together as one stitch. *There are no stitch count changes.*

## Sewn Bind Off

Using a yarn tail approximately 5 times longer than the bind off edge, tapestry needle, and RS of work facing you, work Sewn Bind Off as follows:

Setup step 1: Insert needle into first stitch knitwise and leaving the stitch on the needle, pull the yarn through.

Setup step 2: Insert needle pw into second stitch and leaving the stitch on the needle, pull the yarn through.

Step 1: Insert tapestry needle into first stitch pw, pull yarn through and slide the stitch off the needle.

Step 2: From the back of the work, bring the tip of the needle between the first and second stitches from back to front, then insert the needle knitwise into the second stitch (a purl stitch), pull yarn through.

Step 3: Insert needle into first stitch knitwise, pull yarn through and slide the stitch off the needle.

Step 4: Insert tapestry needle pw into the second stitch (a knit stitch), pull yarn through.

Rep steps 1 through 4 until 2 sts remain on the needle, then repeat Step 1 and 3.





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## ABOUT THE DESIGNER

Originally from Los Angeles, Kirsten moved to Charleston, SC with her husband Jason and quickly planted roots with a group of girlfriends and started her family. She strongly believes in taking moments back for yourself and being intentional about putting yourself first, for you and your craft. Her designs allow you to be present for all of life's little moments and create finished pieces that will quickly become wardrobe staples. She loves working with wool, silk, cotton, and linen in classic, neutral colors.

## CREDITS

Tech Editing: Heather Storta

## CONTACT

A lot of hard work goes into ensuring these patterns are simple to understand and error free. If you get stuck, need extra guidance, or think there may be an error please email [hello@kirstenjoel.com](mailto:hello@kirstenjoel.com) and I will connect with you as soon as I can.

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